

Key to understanding patient kosher menu

There is neither a kosher kitchen or "mashgiach" at the hospital.

- A "Kosher pack" meat meal is prepared under the supervision of the Vaad Har abanim of the Five Towns & Far Rockaway.
- "Kosher Pack" items will be delivered "double-wrapped" to your room.
- Please be sure to stir items after unwrapping to assure even distribution of heat.

To order, please call:

Mercy Hospital (516) 705-3663 (FOOD)

St. Francis Hospital & Heart Center[®] From in the hospital, ext. 5468 From outside the hospital, (516) 562-6000 and ask for ext. 5468

One of our call center representatives will assist you in ordering your meal(s) based on the current diet prescribed for you by the medical care team.

When to order

Please call between: 7:00 am – 9:30 am for Breakfast 11:30 – 2:30 pm for Lunch 4:30 pm – 6:30 pm for Dinner



Patient Kosher Menu

Pre-packaged kosher meals and healthy snacks for patients.



chsli.org

Breakfast

Available 8:00 am – 11:30 pm

Starters

- Juice: Orange, Apple or Prune
- Dole Fruit Cup
- Whole Fruits: Banana, Apple or Orange
- Roll with Jelly, Margarine or Cream Cheese

Cereals

- Special K Cereal
- Corn Flakes
- Toasty O's Cereal
- Quaker Oatmeal

Breakfast Favorites

- Scrambled Egg with Potato & Fruit
- French Toast with Potato & Fruit
- Hard Cooked Egg

Beverages & Condiments

- Coffee (decaf)
- Tea (decaf)
- 1% Milk, Whole or Lactaid
- Non-Dairy Creamer
- Sugar, Sugar Substitute, Salt, Pepper
- Lemon Juice

Lunch & Dinner

Available 11:30 am – 6:00 pm

Appetizers

- Chicken Broth Packet
- Matzoh Ball Soup
- Dole Fruit Cup
- Saltine Crackers
- Whole Grain Roll
- Vegetable Broth

Entrées

- Macaroni & Cheese with Zucchini & Carrots
- Vegetarian Stuffed Cabbage
- Roast Chicken with Vegetable Medley
 & Rice Pilaf
- Fillet of Sole with Pasta & Green Beans
- Salisbury Steak with Yams & Peas
- Roast Turkey with Mashed Sweet Potato
 & Green Beans

Finishing Touches

- Applesauce
- Dole Fruit Cup
- Jell-O or Pudding
- Graham Crackers
- Fruit Ice, Sherbet, Frozen Yogurt or Ice Cream
- Whole Fresh Fruit in Season

Beverages & Condiments

- Coffee: Regular or Decaf
- Tea: Regular or Decaf
- Milk: 1%, Whole or Lactaid
- Non-Dairy Creamer
- Sugar, Sugar Substitute
- Salt, Pepper
- Lemon Juice

Note: Kosher food suppliers subject to change